

Please ensure to bring everything you need, including medication and anything that will make the weekend more comfortable. Meals and transportation will be provided. There will be a First Aid Kit on site.

MUST BRING	 □ Foamy or Sleeping Mat - for wooden single sized bunks □ Sleeping Bag □ Pillow □ Rain Jacket □ Runners or hiking shoes □ Warm clothes □ Toiletries - No showers, but there is potable water for brushing your teeth □ Prescription medication if needed □ Flash Light □ Water bottle □ Bathing suit and towel - there will be a lifegaurd on duty so if you wish to swim ensure you pack these items □ Sunscreen
CAN BRING	☐ Snacks (must be stored in kitchen)☐ Special dietary foods☐ Bug Spray
CAN NOT BRING	Alcohol Recreational Drugs Vapes

^{*}Please keep in mind that there is a limited amount of space on the bus, so please do your best to pack light